

Bahman Guyuron, MD, FACS
Plastics and Reconstructive Surgery

440-461-7999

HOME INSTRUCTIONS FOR MIGRAINE IV OCCIPITAL SITE

- Sleep on your back with your head elevated at approximately a 45 degree angle.
- You will have an incision in the back of the head area that will be covered with a steri-strip. This will be removed by the office staff when the drainage tube is removed. Once this is removed or if it falls off apply a small amount of Polysporin/Bacitricin ointment to the incision line twice daily. Remove the previous application prior to applying the new ointment.
- Change the drainage tubes every hour for the first 4 hours then every 4 hours or sooner if they are filling up to the ½ mark. Even if after the 4 hours there is very little drainage in the tube it must be changed. The tube has a vacuum seal and it breaks down after 4 hours.
- You may have food as tolerated, avoid highly salty foods
- You **may not** take a shower to wash your hair until the day after the drainage tube is removed. The drainage tube is usually removed 2 days after surgery or longer depending on the amount of drainage you are experiencing.
- Do not wear clothing that pulls over the head.
- Avoid bending over for long periods of time. No exercise for 3 weeks. Slow paced walking is encouraged.
- Do not take any aspirin, Advil or Aleve for a period of one week following your surgery.
- If you need pain medication, do not hesitate to take this as prescribed. **However, please eat food immediately after taking the medication to minimize the chance for nausea or vomiting.**
- Take your nausea medicine as soon as you start feeling nauseous, take your nausea medicine and eat food or at least drink caffeine-containing beverages.
- **All patients are seen the day after surgery.**
- **Someone must be with you for 24 hours after surgery.**
- You will not be able to drive yourself for 5 to 7 days after surgery if you are taking pain medications, please arrange for your transportation for the post operative appointments.

REMINDERS:

- Refer to the patient discharge Instructions upon discharge from the surgery center.
- Please take all of your medications on schedule
- Report any unusual heavy bleeding, discomfort unless you have been advised otherwise, Shortness of breath, temp over 100 degrees and redness and any pain or discomfort in your legs should be reported immediately.

EMERGENCY NUMBER:

For emergencies after normal office hours, please call the answering service at **440-461-7999**. Leave your name, phone number and the reason for your call. If there is not a response within 10 minutes, please call the number again.